



Ask a Physician

**FRIDAY,
AUGUST 21, 2026**

3:00 p.m. to 5:00 p.m.

Arden Courts of South Holland
2045 170th Street
South Holland, IL 60473

RSVP to Anita Jefferson at
ajefferison@arden-courts.com
or 708-895-1600.

UTI's & Healthcare Insights, Interactive Session with Dr. Yusuf Ruhullah, MD, MBA, Pilsen Medical Clinic and Associates.

Curious about UTI's, medications, or healthcare tips? Dive into and engaging discussions with Dr. Yusuf Ruhullah covering:

- Understanding UTI's
- Prevention & Treatment Options
- Health Concerns in Older Adults
- Medication & Wellness Tips
- The Link Between UTI's and Dementia
- Open Q & A - Your Questions Answered!

Don't miss this chance to get informed and empowered about your health!



SPEAKER:

Dr. Yusuf Ruhullah



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**Pilsen Medical Clinic
& Associates**

